

SUBJECT CONNECTIONS

Physical Education

You will...

- discuss the importance of physical activity and the importance of exercise for general wellbeing and good performance at school.

What for?

- To make connections between the text and other subjects of the curriculum.

Fecha guía 31/08 al 11/09

1. **P** Responde las siguientes preguntas.

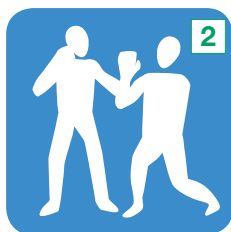
- Is physical education important for you? Why? Why not?
- Should schools increase or eliminate physical education classes? Why?
- How do you think exercise can improve your performance in other subjects at school?

2. **P** Escribe el nombre de la cada deporte abajo de la imagen correspondiente.

archery athletics boxing canoeing cycling fencing football
gymnastics hockey judo swimming tennis volleyball weightlifting



a. _____



b. _____



c. _____



d. _____



e. _____



f. _____



g. _____



h. _____



i. _____



j. _____



k. _____



l. _____



m. _____



n. _____

4. **G** Realiza la siguiente actividad.

- a. Lee los siguientes textos que aparecen en los cuadros.
- b. Elige uno que haya llamado tu atención.
- c. Explica que opinas de ese texto y por qué te llamó la atención. La explicación debe ser de tres líneas.

Usa alguna de las siguientes expresiones para ayudarte.

In my opinion,...	The way I see it,...	I think,...	I believe,...
en mi opinión	la forma en que lo veo	yo pienso	yo creo
According to me,...	As far as I'm concerned,...	If you ask me,...	
según yo	en lo que a mí respecta	si me preguntas a mí	

"The principle in sport is competing against yourself. It's about self-improvement, about being better than you were the day before."
Steve Young, American football player

"Physical fitness is not only one of the most important keys to a healthy body; it is the basis of dynamic and creative intellectual activity."
John F. Kennedy

"The arts, sciences, humanities, physical education, languages and maths all have equal and central contributions to make to a student's education."
Sir Ken Robinson

"The way a team plays as a whole determines its success. You may have the greatest bunch of individual stars in the world, but if they don't play together, the club won't be worth a dime."
Babe Ruth

"Athletics are great, but physical education is for every youngster -to help them learn about themselves, learn about their bodies, learn ways to become physically active, but not necessarily to compete."
George Graham

"Lack of activity destroys the good condition of every human being, while movement and methodical physical exercise save it and preserve it."
Plato